LeadingAge Ohio and Ohio Health Care Association are pleased to bring you these all-new conferences on effective, innovative care efforts related to dementia presented by Teepa L. Snow, national educator, author and dementia expert.

Best Practices in Dementia Care

March 25, 2015
Quest Conference Center
Columbus

March 26, 2015
Holiday Inn Cleveland South
Independence
Program Information

Purpose:
This in-depth intensive workshop will help learners use effective strategies for helping people with dementia during interactions, care delivery, and daily engagement. The goal is to reduce resistance to care and foster participation and use of preserved skills. The workshop will guide learners to develop better observational skills in order to recognize and intervene effectively when behavioral challenges occur. It will emphasize the value of matching helping behaviors to the person’s needs and retained abilities to promote a sense of control and self-direction. Modifying the task demands, the environment, and the caregiver’s approach are three key elements to improving the situation. These three elements combined with knowledge of the individual's background and life story, medical, psychological, and sensory conditions, and level of cognitive function will form the base for problem solving and personalized care planning. The workshop will address typical issues that occur from early stages of the condition through mid-disease, and into the final care concerns that are part of the progression. We will focus on carefully monitoring people with cognitive impairment for signs and signals of “unmet needs and growing distress” in order to intervene early and often with meaningful programming and empathetic communication.

Agenda

8:30 – 9 a.m.  Registration

9 a.m. – 12:15 p.m.

Understanding Dementia: Seeing It from the Other Side
This session forms the core of all we will do in the workshop. The emphasis is on helping you see things differently. You will have some “AH HA” moments regarding the impact of dementia on intake of data, processing of data and therefore what the person will do, say, think, believe and is less likely and be able to do. The Gem Model will be introduced to address progressive changes over time with a positive perspective, focusing on what remains and what is unique and holds value, even as other things change and are lost.

12:15 – 1 p.m.  Networking Lunch

1 – 4:15 p.m.

Building Hands On Skills for Interaction and Communication
We will build on what we now ‘know’ and understand about dementia as we develop new skills to better support and help. We will start with our approach, our cues, and our ability to connect. Then we will discover hands on ways of communicating and assisting with daily life and in times of distress. By the completion of the session, learners will have a variety of new tools.

Methods of teaching:
All sections will use a combination of lecture, discussion, role play, group interaction, case discussion and problem-solving among learners to actively engage learners in the content. A DVD training disk, handouts, Power Point presentation, and role playing will be used throughout the session.

Instructor:
Teepa L. Snow, MS, OTR/L, FAOTA
Dementia Care and Training Specialist, Positive Approach, LLC
Consulting Associate, Duke University, School of Nursing
Clinical Faculty, UNC-CH, School of Medicine

As one of America's leading educators on dementia, Teepa Snow has developed a dementia care philosophy reflective of her education, work experience, medical research, and first hand caregiving experiences. She is a graduate of Duke University, and received her MS degree from the University of North Carolina in Chapel Hill. As an occupational therapist with over 30 years of experience in geriatrics, she has worked as the OT Director in a head injury facility, a clinical specialist in geriatrics for a Veteran's Administration Medical Center, and a Restorative Care Coordinator for a long term care facility. Her hands on caregiving experiences include providing direct care in home health, assisted living, long term care, and rehabilitation settings. Teepa also served as the Director of Education and Lead Trainer for the Eastern N.C. Chapter of the Alzheimer's Association, and as a clinical associate professor at UNC's School of Medicine, Program on Aging.

Intended Audience:
Executive Directors, Administrators, Nurses, Social Workers, Activity Professionals and Staff, Dining Professionals and Staff, Direct Care Workers

Objectives:
1. Learners will describe the six key components that contribute to the behaviors seen throughout the progression of dementia,
2. Learners will compare and contrast cues that people with dementia provide that indicate the most common 10 unmet needs that lead to distress or challenging behaviors as the disease progresses,
3. Learners will describe effective combinations of multi-modal helping techniques when presented with someone with dementia at various levels of impairment, emphasizing use of their abilities that are preserved.
4. Learners will recognize the value of consistent positive reinforcement and active programming to promote well-being in reducing challenging behaviors throughout the disease process.
5. Learners will use a structured and organized approach to recognizing and coping with challenging behaviors by meeting needs and intervening early and often with at-risk individuals on a regular basis.
Continuing Education

LeadingAge Ohio is an approved provider of continuing education credit through BELTSS. Any continuing education program that has been approved by BELTSS is accepted by the Ohio Board of Nursing for all nurses in the State of Ohio. Six (6) hours of credit are available for administrators (LAO13-P-15; LAO14-P-15), nurses, social workers and certified aging services professionals and Certified Executives for Assisted Living (CEAL®) for this program. Credits are pending for dietitians, dietary technicians and activity professionals. Please direct continuing education-related questions to Mary Ann Evans at maevans@leadingageohio.org.

Fees

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<tr>
<th>LeadingAge Ohio/ OHCA Member</th>
<th>Nonmember</th>
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<tr>
<td>Fee through March 11</td>
<td>$125</td>
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<tr>
<td>Fee after March 11</td>
<td>$150</td>
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Register 4 or more people on line at www.efohca.org and save 15% off the registration fees listed above.

Discount only available online.

Fees include handouts, lunch, breaks and continuing education units and certificates.

Locations

(March 25, 2015)            (March 26, 2015)
Quest Conference Center    Holiday Inn Cleveland South
8405 Pulsar Place          6001 Rockside Road
Columbus, OH 43240         Independence, OH 44131
Phone: (614) 540-5540       Phone: (216) 524-8050

Questions?

Questions related to registration should be directed to Ohio Health Care Association at (614) 436-4154 or Tonya Chapman at tchapman@ohca.org. All other conference-related questions should be directed to Mary Ann Evans at maevans@leadingageohio.org or (614) 545-9017 or Kathy Chapman at kchapman@ohca.org or (614) 540-1321.